

## Thursday October 1 , 2026

### 8am – Pōwhiri

Race 1 - Women's W1 Rudderless, Men's W1 Rudderless, Men W2 Race Briefing: 9:30am Race Start: 10:00am			Wave Start
MEN - U23, Open, Master, Snr Master	W1 Rudderless	12 - 16 km	Wave 1 Start 10:00am
MEN - J19, Gld Master, Master 70+	W1 Rudderless	8 - 10 km	Wave 1 Start 10:00am
MEN - U23, Open, Master, Snr Master	W2	12 - 16 km	Wave 1 Start 10:00am
MEN - J19, Gld Master, Master 70+	W2	8 - 10 km	Wave 1 Start 10:00am
WOMEN - U23, Open, Master, Snr Master	W1 Rudderless	12 - 16 km	<b>Wave 2 Start 10:05am</b>
WOMEN - J19, Gld Master, Master 70+	W1 Rudderless	8 - 10 km	<b>Wave 2 Start 10:05am</b>

Race 2 - Women's W1 Rudderless, Men's W1 Rudderless, Women/Mixed W2, Adaptive W1 Race briefing: 12.30pm Race Start: 1:00pm			Wave Start
MEN - U23, Open, Master, Snr Master	W1 Rudderless	12 - 16 km	Wave 1 Start 1:00pm
MEN - J19, Gld Master, Master 70+	W1 Rudderless	8 - 10 km	Wave 1 Start 1:00pm
MIXED - U23, Open, Master, Snr Master	W2	12 - 16 km	Wave 1 Start 1:00pm
MIXED - J19, Gld Master, Master 70+	W2	8 - 10 km	Wave 1 Start 1:00pm
Adaptive - Women, Men	W1	8 - 10km	<b>Wave 2 Start 1:05pm</b>
WOMEN - U23, Open, Master, Snr Master	W1 Rudderless	12 - 16 km	<b>Wave 2 Start 1:05pm</b>
WOMEN - J19, Gld Master, Master 70+	W1 Rudderless	8 - 10 km	<b>Wave 2 Start 1:05pm</b>
WOMEN - U23, Open, Master, Snr Master	W2	12 - 16 km	<b>Wave 2 Start 1:05pm</b>
WOMEN - J19, Gld Master, Master 70+	W2	8 - 10 km	<b>Wave 2 Start 1:05pm</b>

**PRIZEGIVING DAY 1 - at the venue, within 30 minutes of the last competitor finishing**

## Friday October 2 , 2026

Race 3 - J16 W6; M70, M75, M80 W6; University Race W6; Adaptive W6; Short Course W6 Race briefing: 9.30 am Race Start: 10:00am			Wave Start
W6 - J16 - Men, Women, Mixed	W6	8 - 10 km	Wave 1 Start 10:00am
W6 - University Race - Mixed	W6	8 - 10 km	Wave 1 Start 10:00am
W6 - Para - Mixed	W6	8 - 10 km	Wave 1 Start 10:00am
WOMEN/MEN/MIXED - M70, M75, M80	W6	8 - 10km	Wave 1 Start 10:00am
<b>SHORT COURSE** Open - Men, Women, Mixed</b>	W6	8 - 10 km	<b>Wave 2 Start 10:05am</b>

\*\*Not a medal category

### Friday October 2 , 2026

Race 4 - J16 W1/W2, Mixed W6, Open W4 Race briefing: 12.00pm      Race Start: 12:30pm			Wave Start
MIXED - Open, Master, Snr Master	W6	23 - 25 km	Wave 1 Start 12:30pm
MIXED - J19, Gld Master	W6	12 - 16 km	Wave 1 Start 12:30pm
OPEN - Men, Women, Mixed	W4	23 - 25 km	Wave 1 Start 12:30pm
J16 Women	W1 Rudderless	8 - 10 km	Wave 2 Start 12:35pm
J16 Men	W1 Rudderless	8 - 10 km	Wave 2 Start 12:35pm
J16 Men	W2	8 - 10 km	Wave 2 Start 12:35pm

PRIZEGIVING DAY 2 - at the venue, within 30 minutes of the last competitor finishing

### Saturday October 3 , 2026

Race 5 - J16 W1/W2, Women W6 Pre race update (Steerers only): 7.30am Race Start: 8.30am			Wave Start
WOMEN - Open, Master, Snr Master	W6	23 - 25 km	Wave 1 Start 8:30am
WOMEN - J19, Gld Master	W6	12 - 16 km	Wave 1 Start 8:30am
J16 Women	W1 Rudderless	8 - 10 km	Wave 2 Start 8:35am
J16 Men	W1 Rudderless	8 - 10 km	Wave 2 Start 8:35am
J16 Women & Mixed	W2	8 - 10 km	Wave 2 Start 8:35am

Race 6 - W6 Men Pre race update (Steerers only): 11.30am Race Start: 12.30pm			Wave Start
MEN - Open, Master, Snr Master	W6	23 - 25 km	12:30pm
MEN - J19, Gld Master	W6	12 - 16 km	12:30pm

PRIZEGIVING DAY 3\*

Prizegiving Function for all Saturday Finals Venue TBC

### Sunday October 4 , 2026

Back-up race day if required